

## Should You Move? Housing Planning Worksheet

If you are thinking of having a baby, fill out this chart to help you decide the best location to live. List the pros and cons of your current community. If you are thinking about a change, list the pros and cons for that community option.

	Current Location		Potential New Location	
	Pros	Cons	Pros	Cons
Costs				
Transit system, commuting time				
Community services: schools, community centres, parenting programs, childcare facilities, etc.				
Physical fitness: walkable neighbourhoods, trails, recreation facilities, playgrounds, etc.				
Distance from family and friends				
Availability of healthy food				
Health care services: family doctor, public health unit, hospital, midwife, etc.				
Phone and internet service				
Other				
Other				

This document is part of the [www.HealthBeforePregnancy.ca](http://www.HealthBeforePregnancy.ca) website.

Disponible en français à [www.sante-avant-grossesse.ca](http://www.sante-avant-grossesse.ca).

*This document has been prepared with funds provided by the Government of Ontario. The information herein reflects the views of the authors and is not officially endorsed by the Government of Ontario.*